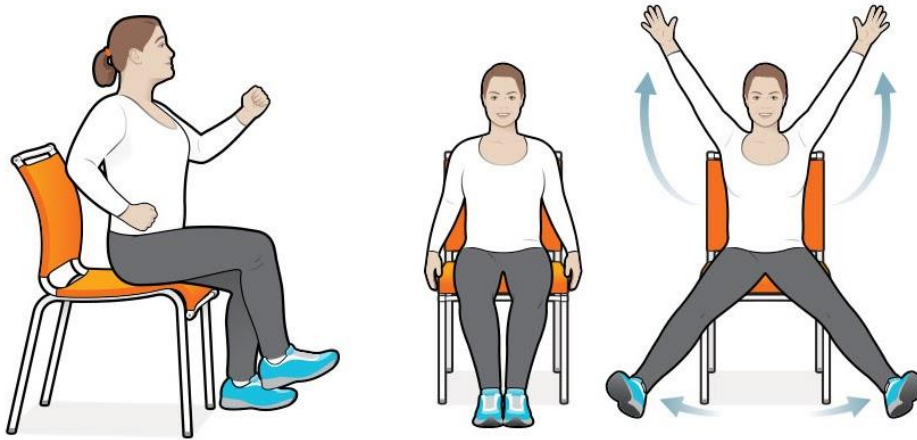


# Move Tomorrow



As an extension of the Move Today series, Move Tomorrow continues emphasis on balance, posture, and strength with some new twists!

**Pre-requisite: Completion of Move Today Class**

Location: Senior Center, Flemington  
Days: Tuesdays  
Time: 11:15AM

**Registration is required You must fill out a waiver and medical clearance form to enter the class No charge.**

To Register email: [elangeveld@co.hunterdon.nj.us](mailto:elangeveld@co.hunterdon.nj.us) or call (908) 284-6128.

**Open to Hunterdon County residents age 60 and over who are enrolled members of the Senior Center.**  
**Sponsored by the Hunterdon County Division of Senior, Disabilities & Veterans Services Senior Fitness Programs**